

Learning Skills, Room 120

Study Systems

MURDER

Studying can be murder! Use a system that works and is easy to remember.

Mood

Set a positive mood for yourself to study in. Select the appropriate time, environment, and attitude.

Understand

Mark any information that you don't understand. Keep a focus on one unit or a manageable group of exercises.

Recall

After studying the unit, stop and put what you have learned into your own words.

Digest

Go back to what you did not understand and reconsider the information. Contact external expert sources (e.g. other books or an instructor) if you still do not understand it.

Expand

In this step, ask three kinds of questions concerning the studied material:

- If I could speak to the author, what questions would I ask or what criticism would I offer?
- How could I apply this material to what I am interested in?
- How could I make this information interesting and understandable to other students?

Review

Go over the material you've just covered. Think about the strategies that helped you understand and/or retain information in the past and apply these to your current studies.